

SELF-REFLECTION ON LEADERSHIP DEVELOPMENT



To get where you want to go with leadership development, you have to know where you're starting from. Grab a writing device and let's get started.

EXPECTATIONS

I clearly and regularly articulate the expectations I have for my team.

Strongly Disagree Disagree Neutral Agree Strongly Agree

REFLECTION

I regularly reserve time to reflect on my performance.

Strongly Disagree Disagree Neutral Agree Strongly Agree

CONVERSATIONS

I document conversations with my team outside of the formal review process.

Strongly Disagree Disagree Neutral Agree Strongly Agree

EXPERIENCES

I have someone to hold me accountable to applying what I learn in formal trainings.

Strongly Disagree Disagree Neutral Agree Strongly Agree

LEARN MORE

- <https://www.psychologytoday.com/us/blog/neuronarrative/201707/8-reasons-why-its-so-hard-really-change-your-behavior/>
- <https://hbr.org/2017/03/why-you-should-make-time-for-self-reflection-even-if-you-hate-doing-it>
- <https://insight.kellogg.northwestern.edu/article/how-self-reflection-can-make-you-a-better-leader>
- <https://www.leadershipthoughts.com/why-self-reflection-is-the-key-to-effective-leadership/>
- <https://tier1performance.com/2019/01/11/empower-managers-lead-people/>
- <https://www.forbes.com/sites/forbescoachescouncil/2019/01/25/why-better-conversations-help-achieve-business-goals/#3f52e45668ee>
- <https://www.forbes.com/sites/victorlipman/2016/01/21/the-best-managers-always-set-clear-expectations/#1a502c29355f>
- <https://www.forbes.com/sites/sarahlandrum/2017/12/08/the-importance-of-working-for-a-boss-that-supports-you/#d93b454486a5>

